

Make New Friends But Keep the Old

Subject: Social Health for Preschoolers

Ages: 2–5

Objective: To recognize the importance of friendship and to encourage children to be inclusive at a young age.

Materials: Classroom of students

Procedures:

Hold a classroom discussion about friendship. Ask the children to offer some ideas of how they get to know a new person.

Organize the children in groups of three. Try to create trios of children that don't normally interact.

Ask the children to sit together and ask questions to so that they may get to know one another.

Offer some example questions such as: What is your favorite thing to do? What kind of music do you like? Where do you like to go on the weekends? What is your favorite color? Etc.

When they are finished with their discussion, ask the students to reflect on one thing they have in common with their new friends. This should take about 20 min. Circulate through the groups to assist them at this time.

They may share their answers with the class.

DISCLAIMER: The lesson plans and information therein are for general information only. For guidance on individual health issues and diagnosis and treatment of specific conditions, consult a physician or other health-care professional.

